Supplementary Table 1. Clinical outcomes of open TLIF and UBE-TLIF groups

Variable	Open TLIF (N = 21)	UBE-TLIF (N = 21)	p-value†
ODI			
Preoperative	26.6 ± 3.2	32.0 ± 4.0	< 0.001***
1-Year follow-up	6.3 ± 3.5	4.4 ± 3.6	0.089
Δ ODI	20.3 ± 4.4	27.5 ± 6.3	0.020*
p-value‡	< 0.001***	< 0.001***	
VAS Back			
Preoperative	4.6 ± 2.2	4.1 ± 1.8	0.93
Postoperative day 2	6.5 ± 0.9	4.8 ± 1.3	< 0.001***
1-Year follow-up	2.3 ± 1.0	2.3 ± 1.1	0.987
Δ VAS back	2.1 ± 2.4	1.9 ± 2.1	0.848
p-value‡	< 0.001***	< 0.001***	
VAS Leg			
Preoperative	7.5 ± 0.6	7.4 ± 0.7	0.435
Postoperative day 2	3.7 ± 0.7	3.6 ± 0.9	0.484
1-Year follow-up	2.4 ± 1.1	2.5 ± 0.9	0.731
Δ VAS leg	5.1 ± 1.4	4.8 ± 1.1	0.54
p-value‡	< 0.001***	< 0.001***	

UBE-TLIF, unilateral biportal endoscopic transforaminal lumbar interbody fusion; ODI, Oswestry Disability Index; VAS, visual analogue scale.
Δ = Preoperative – 1-year follow-up.
*p<0.05. ***p<0.001. †p-value between Open TLIF and UBE-TLIF groups. ‡p-value within groups.